

**Odisha University of Health Sciences
Dhanwantari Bhavan, Bhubaneswar, Odisha**

**LOG BOOK
For
POST GRADUATE STUDENTS**

Department of: OPHTHALMOLOGY

Name of the Institution: _____

**Prepared by:
Log book Committee (Broad Specialties) 2023
OUHS, Bhubaneswar**

**ODISHA UNIVERSITY OF HEALTH SCIENCES,
DHANWANTARI BHAVAN, BHUBANESWAR.**

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for
POST GRADUATE STUDENTS**

Department of: OPHTHALMOLOGY

Name of the Institution: _____

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CERTIFICATE

This is to certify that, this logbook contains bonafide work of

Dr. _____, a Post-
Graduate student of the Department of **OPHTHALMOLOGY**, of
_____, Odisha for the session
_____.
_____.

Date:

Post Graduate Guide

Head of the Department

Dean & Principal

GENERAL INSTRUCTIONS:

This log book is intended to be a record of all the activities of Postgraduate students, as they perform and participate in the course, including training.

1. It shall solely be the responsibility of the student to ensure that, the desired entries are made in day-to-day basis and relevant documents if any are kept.
2. It shall be the responsibility of the HOD to ensure that, all students maintain their log books in an orderly manner.
3. Each student shall enter his/her leave record in the concerned section immediately after returning from leave.
4. The learners feedback form should be filled up before submitting the log book for the University Examination. It is expected that, students should give their feedback with all seriousness and help the University in improving and strengthening the Postgraduate education.
5. Submission of Logbook: The up-to-date log book is a pre-requisite for fill up of forms for the University Examination and hence the completed Logbook shall be submitted to the department when the same is asked for.

6. **INSTRUCTIONS FOR FILLING THE LOG BOOK:**

Please Note: All assessments would be in Likert's 5-pointscale/score:	
Score	Interpretation
0	Poor
1	Below average
2	Average
3	Good
4	Very good

- a. All entries should be properly entered and duly signed from the Supervisor / Unit In charges / Guide / HOD, as required.
- b. Under Instructions from the Head of Department, suitable corrections can be incorporated.
- c. Research participation pertaining to Conferences, Poster / Oral presentation and publication shall be entered directly in a Consolidated form.
- d. At the end of training, it's mandatory to fill up the feedback form and submit it to Postgraduate Office.
- e. It is an integral part of practical evaluation in the University examination.
- f. After the practical examination it shall be returned back to the student.
- g. There would be periodic evaluation regarding maintenance of log book by Postgraduate education office, and in case of any deficiency, the student would be responsible and suitable action may be taken against them for the same.
- h. Additional pages [if required] can be added.

PERSONAL PROFILE OF THE STUDENT:

Name:		
Address:		
E-mail ID:		
Phone No.:		
DOB (dd/mm/yy):		
Blood group:		
Vaccination status:		
Paste your PP size Photograph		

Registration Number:	Name of the Medical Council:	Valid up to:

OUHS Registration Number:	
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Qualification Details	College	University	Month & Year of completion
MBBS			

Experience before joining:

Designation	Department	Institution	From	To

Date:

Signature of the PG student

COURSE DETAILS:

Degree / Diploma			
Date of Joining		Date of completion	

Details of Postings [as per Curriculum by NMC]:

Participation in Research Methodology training:

Name of the Institution	From	To	Signature of the Guide / HOD

Participation in BCBR Course

Name of the institute	Date of registration	Date of the examination	Date of publication of result	Signature of the HOD

Participation in BCME training:

Name of the Institution	From	To	Signature of the HOD

Participation in BCLS / ACLS training:

Name of the Institution	From	To	Signature of the HOD

Leave record:

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Total No. of Leaves				

Signature & Seal of the Head of Department

DETAILS OF PARTICIPATION IN ACADEMIC PROGRAMS:						
SI. No.	Date	Name of the Academic Program	International / National / State / Institutional Event	Organized by	Nature of participation [Delegate / Presentation if any]	Initials of the HOD
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PUBLICATIONS	
Title:	
Authors:	
Name of the journal:	
Indexed in [NMC approved agency only]:	
Status of publication:	
Citation if published:	
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Authors:	
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Indexed in [NMC approved agency only]:	
Status of publication:	
Citation if published:	
Title:	
Authors:	
Name of the journal:	
Indexed in [NMC approved agency only]:	
Status of publication:	
Citation if published:	

Internal Assessment Results:

Year		Theory [100]	Practical/Clinical/ Oral [100]	Total out of 200 [%]
1 ST	I			
	II			
	III			
2 ND	I			
	II			
	III			
3 RD	I			
	Prelims			

Date:

Signature & Seal of the Head of Department

DETAILS OF THE DRP SCHEDULE [AS PER CURRICULUM BY NMC]:

Name of the Institution	Year of PGT	From	To	Duration

Sl. No.	Day / Date	Place of work	Nature of work	Activity learn [Should include: 1. Patient care / Diagnostic services as per the subject. 2. Health care Management activities both HR & Logistics, Communication skill. 3. Team work]	Level of participation [Observation / Performs under observation / Performs independently]	Signature of the DRPC
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REFLECTIONS

CERTIFICATE OF COMPLETION OF DISTRICT RESIDENCY PROGRAM

It is certified that Dr. _____ has satisfactorily completed the District Residency program w.e.f. _____ to _____. During his/her District Residency Program training at _____ District, his / her performance has been reported to be _____.

Department:

Date:

Place:

Signature of Guide / Mentor

Signature of Head of Department

Signature of the District Residency Program Coordinator

Signature of the Medical Superintendent

Signature of the CDM PHO

STRUCTURED TRAINING PROGRAM:

Teaching learning methods:

1. Student Seminar: once a week.
2. Journal club:
3. Bedside Clinic / Practicals in ocular histopathology.
4. Interdepartmental colloquium.
5. Student symposium [Group discussion].
6. Rotational clinical / community / institutional postings:

Sl. No .	Section / Subject	Duration
1	Anterior segment and cataract Glaucoma Oculoplastics Paediatric ophthalmology and strabismus Retina and Uvea Cornea, Contact lens and low vision Neuroophthalmology Refractive Clinic	

7. UG Teaching:

Evaluation of STUDENTS SEMINAR PRESENTATION:						
Guidelines for evaluation of Seminar Presentation						
SI. No.	Points to be considered					
1	Whether other relevant publications consulted					
2	Whether cross references have been consulted					
3	Completeness of preparation					
4	Clarity of Presentation					
5	Understanding of subject					
6	Ability to answer questions					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
SI. No.	Date	Seminar Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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Evaluation of JOURNAL REVIEW PRESENTATION:						
Guidelines for evaluation of Journal Review Presentation						
SI. No.	Points to be considered					
1	Article chosen is relevant and appropriate					
2	Extent of understanding of scope & objectives of the paper by the candidate					
3	Whether understood the Material, Methods, Observation and statistical analysis					
4	Whether cross references have been consulted					
5	Ability to respond to questions on the paper / subject					
6	Ability to analyse the paper and co-relate with the existing knowledge					
7	Ability to defend the paper					
8	Clarity of presentation					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
SI. No.	Date	Journal Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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Evaluation of LABORATORY WORK / BEDSIDE CLINIC:						
Guidelines for evaluation of Laboratory work / Bedside clinic						
SI. No.	Points to be considered					
1	Clarity of Presentation					
2	Completeness of history					
3	Ability to arrive at a differential diagnosis & diagnosis					
4	Ability to defend the diagnosis					
5	Ability to answer questions					
6	Understanding of subject					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
SI. No.	Date	Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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Evaluation of INTERDEPARTMENTAL COLLOQUIUM:					
Guidelines for evaluation:					
SI. No.	Points to be considered				
1	Completeness of history				
2	Clarity of presentation				
3	Logical order				
4	Accuracy of general physical examination				
5	Diagnosis				
6	Ability to defend diagnosis				
7	Ability to justify differential diagnosis				
8	Ability to plan management of the case				
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.					
SI. No.	Date	Case History	Diagnosis	Presentation / Participation	Initial of the Guide / HOD
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Evaluation of STUDENTS SYMPOSIUM [GROUP DISCUSSION]:						
Guidelines for evaluation of Students symposium						
SI. No.	Points to be considered					
1	Whether other relevant publications consulted					
2	Whether cross references have been consulted					
3	Completeness of preparation					
4	Clarity of Presentation					
5	Understanding of subject					
6	Ability to answer questions					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
SI. No.	Date	Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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Evaluation of UG Teaching Skills:						
Guidelines for evaluation of UG Teaching skills:						
SI. No.	Points to be considered					
1	Communication of the purpose of the talk					
2	Evokes the interest of audience in the subject					
3	Introduction & Sequence of ideas					
4	Speaking style [enjoyable / monotonous etc., specify]					
5	Attempts audience participation					
6	Answer the questions asked by the audience					
7	Summary of the main points at the end					
8	Rapport of speaker with his audience					
9	Effectiveness of the talk					
10	Use of AV aids appropriately					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
SI. No.	Date	Topic of teaching	Class / Practical / Clinics / Demos	Average Grade*	Name of the Supervising faculty	Initials of Guide/ Faculty
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THESIS

(To be submitted for registration of the Thesis topic within six months from the date of joining the course.)

Title of the Topic:

Name of the Guide:

Name of the Co-guide(s) if any:

Guidelines for evaluation of Thesis [Synopsis]				
SI. No.	Points to be considered			
1	Interest shown in selecting a topic			
2	Appropriate review of literature			
3	Discussion with guide and other faculty			
4	Quality of protocol			
5	Preparation of proforma			

Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.

Evaluation of Thesis [Synopsis]:				
SI. No.	Date	Average Grade*	Name of the Faculty & Designation	Initials of the Faculty

Signature of the Candidate:

Signature of the Guide

Signature of the HoD:

THESIS WORK

(To be filled before submitting the dissertation to the University & retained in this book)

Name of the Topic:

Name of the Guide(s):

Date of Registration of Thesis Topic:

Date of approval of the Thesis:

Date of Submission of Thesis:

PERIODIC EVALUATION OF THESIS WORK

Guidelines for periodic evaluation of Thesis						
SI. No.	Points to be considered					
1	Periodic consultation with guide / co-guide					
2	Regular collection of case material					
3	Discussion with guide / co-guide					
4	Departmental presentation of progress of work					
5	Assessment of final output					
6	Others					
Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.						
Evaluation of Thesis:						
Date of the review	Average Grade*	Name of the members of the review committee	Initials of the Guide			
12 th month						
18 th month						
24 th month						
30 th month						

Signature of the Candidate:

Signature of the Guide

Signature of the HoD:

COMPETENCIES TO BE LEARNT:

- Examination techniques along with interpretation
- Slit lamp Examination
 - Diffuse examination
 - Focal examination
 - Retroillumination – direct and indirect
 - Sclerotic scatter
 - Specular reflection
 - Staining modalities and interpretation
- Fundus evaluation
 - Direct/Indirect ophthalmoscopy
 - Fundus drawing
 - 3-mirror examination of the fundus
 - 78-D/90-D/60-D examination
 - Amsler's charting
 - Basic investigations along with their interpretation
- Tonometry
 - Tonometry - Applanation/Indentation/Non-contact
- Gonioscopy
 - Gonioscopy grading of the anterior chamber angle
- Tear/ Lacrimal function tests
 - Staining- fluorescein and Rose Bengal
 - Schirmer test/tear film break up time
 - Syringing
 - Dacrocystography
- Corneal
 - Corneal scraping and cauterization
 - Smear preparation and interpretation (Gram's stain /KOH)
 - Media inoculation
 - Keratometry - performance and interpretation
 - Pachymetry
 - Corneal topography - if available
- Colour Vision evaluation
 - Ishihara pseudoisochromatic plates
 - Farnsworth Munsell, if available
- Refraction
 - Retinoscopy- Streak/ Priestley Smith
 - Use of Jackson's cross-cylinder
 - Subjective and objective refraction
 - Prescription of glasses
- Diagnosis and assessment of Squint
 - Ocular position and motility examination
 - Synoptophore usage
 - Lees screen usage
 - Diplopia charting
 - Assessment of strabismus - cover tests/prisms bars

- Amblyopia diagnosis and treatment
 - Assessment of convergence, accommodation, stereopsis, suppression
- Exophthalmometry
 - Usage of Hertel's exophthalmometer - proptosis measurement
- Contact lenses
 - Fitting and assessment of RGP and soft lenses
 - Subjective verification of over refraction
 - Complications arising of contact lens use
 - Educating the patient regarding CL usage and imparting relevant knowledge of the complications arising thereon
- Low Vision Aids
 - Knowledge of basic optical devices available and relative advantages and disadvantages of each.
 - The basics of fitting with knowledge of availability & cost
- The post graduate must be well versed with the following investigative modalities although the student may or may not perform it individually. But, she/he should be able to interpret results of the following tests:
 - Fundus photography
 - Fluorescein angiography
 - Ophthalmic ultrasound A-scan/B scan
 - Automated perimetry for glaucoma and neurological lesions
 - Radiological tests - X rays - Antero posterior/ Lateral view
 - PNS (Water's view) / Optic canal views
 - Localisation of intra-ocular and intra-orbital FBs
 - Interpretations of -USG/ CT/ MRI Scans
 - OCT and UBM
 - ERG, EOG, and VEP
- Minor surgical procedures – Must know and perform independently
 - Conjunctival and corneal foreign body removal on the slit lamp
 - Chalazion incision and curettage
 - Pterygium excision
 - Biopsy of small lid tumours
 - Suture removal- skin/conjunctival/corneal/ corneoscleral
 - Tarsorrhaphy
 - Subconjunctival injection
 - Retrobulbar, parabulbar anaesthesia
 - Posterior Sub-Tenon's injections
 - Artificial eye fitting
- Surgical procedures
 - Must know and can perform independently
 - Ocular anaesthesia:
 - Retrobulbar anaesthesia
 - Peribulbar anaesthesia
 - Facial blocks- O'Brein / Atkinson/Van lint and modifications
 - Frontal blocks
 - Infra orbital blocks

- Blocks for sac surgery
- Must be able to independently perform and deal with complications arising from the following surgeries:
 - Lid Surgery
 - Tarsorrhaphy
 - Ectropion and entropion
 - Lid repair following trauma
 - Epilation
 - Destructive procedures
 - Evisceration with or without implant
 - Enucleation with or without implant
 - Sac surgery
 - Dacryocystectomy
 - Dacryocystorhinostomy
 - Probing for congenital obstruction of nasolacrimal duct
 - Strabismus surgery
 - Recession and resection procedures on the horizontal recti.
 - Orbit surgery
 - Incision and drainage via anterior orbitotomy for abscess
 - Cyclocryotherapy/Cyclophotocoagulation
- PG Students should be well conversant with use of operating microscope and must be able to perform the surgeries listed below competently under the same:
- Cataract surgery
 - Standard ECCE (extracapsular cataract extraction; first year) with or without IOL implantation
 - Small incision ECCE with or without IOL implantation and/or
 - Phacoemulsification with PC IOL implantation
 - Intracapsular cataract extraction (second year)
 - Cataract with Phacoemulsification (third year)
 - Secondary AC or PC IOL implantation
- Vitrectomy/Scleral buckling
 - Intra-vitreal and intra-cameral (anterior chamber) injection techniques and doses of drugs for the same
 - Needs to know the basis of open sky vitrectomy (anterior segment) as well as management of cataract surgery complications.
 - Assisting vitrectomy and scleral buckling procedures
- Ocular surface procedures
 - Pterygium excision with modifications
 - Conjunctival cyst excision/foreign body removal
 - Corneal foreign body removal
 - Conjunctival flap/ peritomy
- Glaucoma
 - Trabeculectomy
- Corneal
 - Repair of corneo - scleral perforations
 - Corneal suture removal
 - Application of glue and bandage contact lens

- Should have performed/assisted the following microscopic surgeries
 - Keratoplasty: Therapeutic and optical
 - Glaucoma surgery
 - Pharmacological modulation of trabeculectomy
 - Trabeculotomy
 - Goniotomy
 - Glaucoma valve implant surgery
- Desirable to be able to perform following laser procedures
 - Yag Capsulotomy
 - Laser iridotomy
 - Focal and panretinal photocoagulation
- Should have assisted/knowledge of Keratorefractive proceduresOperations:
- The PG is provided with an opportunity to perform operations both extra-ocular andintra-ocular with the assistance of the senior post graduate students and/or under thedirect supervision of a faculty member. The student is provided with an opportunityto learn special and complex operations by assisting the senior post graduate studentor the faculty in operations of cases of the specialty and be responsible for the post-operative care of these cases.

Sl. No.	Competency addressed	Nature of Activity	Level of competency achieved}			Signature of the Faculty
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O – Observed, PUS – Performed under supervision, PI – Performed independently						
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FEEDBACK BY THE STUDENT

(To be filled up at the time of filling up of forms for University Examination. The filled up form is to be sent in a sealed envelope addressed to the Vice-Chancellor, OUHS, Bhubaneswar. It will be opened only after the student has passed.)

Name of Student:

Department:

Period of study: From _____ to _____

Due date of examination:

Date of submission of Thesis/Topic:

Name of Guide:

Name of H.O.D.:

- i. Do you think that, your goal of pursuing post-graduate education in the subject is achieved: Yes/No
- ii. Do you think that, you have been trained adequately by the department in:
 - a. Professional experience Yes/No
 - b. Academic teaching Yes/No
 - c. Recent advances Yes/No
 - d. Exposure to specialist from outside the institution Yes/No
 - e. Interaction with the patients Yes/No
 - f. Interaction with the colleagues Yes/No
 - g. Interaction with seniors Yes/No
 - h. Thesis/Research Yes/No
 - i. Article preparation Yes/No
 - j. Workshop Yes/No
 - k. Conferences Yes/No
 - l. C M E Yes/No
- iii. Do you think that, you have been trained as a fairly competent consultant: Yes/No
- iv. Were you harassed by your guide during the training period: Yes/No, if yes Name & Type:
- v. What was the attitude of HOD?:
- vi. What was attitude of other staff members:

vii. Were you forced for anything by anybody: Money/Tuition/Gifts/Other/None, if yes then by Whom:

viii. Any comment about interaction with other depts./colleague:

ix. Hostel:

x. Extra-curricular activity

a. Sports

b. Cultural

xi. Teaching aids:

xii. Library:

a. Central

b. Department

xiii. Work place safety:

xiv. Deficiencies you would like to point out particularly:

xv. Brief comments:

Signature & Date

Postgraduate Students Appraisal Form**Annexure 1****Pre / Para /Clinical Disciplines****Name of the Department/Unit :****Name of the PG Student** :**Period of Training** : **FROM.....TO.....**

Sr. No.	PARTICULARS	Not Satisfactory			Satisfactory	More Than Satisfactory	Remarks			
		1	2	3	4	5	6	7	8	9
1.	Journal based / recent advances learning									
2.	Patient based /Laboratory or Skill based learning									
3.	Self directed learning and teaching									
4.	Departmental and interdepartmental learning activity									
5.	External and Outreach Activities / CMEs									
6.	Thesis / Research work									
7.	Log Book Maintenance									

Publications **Yes/ No****Remarks*** _____

***REMARKS:** Any significant positive or negative attributes of a postgraduate student to be mentioned. For score less than 4 in any category, remediation must be suggested. Individual feedback to postgraduate student is strongly recommended.

SIGNATURE OF ASSESSEE **SIGNATURE OF CONSULTANT** **SIGNATURE OF HOD**